

Simple Sugar Molecules

Use in the Body

______ source of _____ for the cells

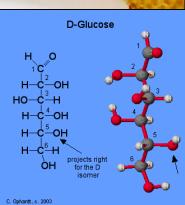
Food sources

- ____and ___
- · _____, ____, and

<u>Subunits</u>

- _____ long
- Simple sugar molecules include:
 - (C₆H₁₂O₆)
 - (Seen as part of high fructose corn syrup)
 - O _____
 - o "Milk Sugar"
 - Made of glucose and galactose (another simple sugar)





Complex Sugar Molecules (aka – starches)

Use in the Body

energy and ____energy

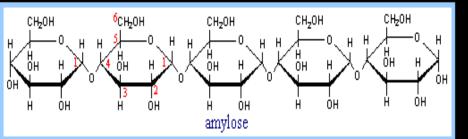


Food Sources

______, and pasta

<u>Subunit</u>

- ____sugar molecules long
- Complex sugar molecule includes:
- o ______(_glucose)
 - Plants store glucose in the form of amylose (aka _______





Complex Sugar Molecules

- After ______ produce individual molecules of _____,
 the glucoses are linked to form a _____ molecule
 (aka _____ or _____)
- This starch is either stored in chloroplasts or broken down and exported to be used by the mitochondria

